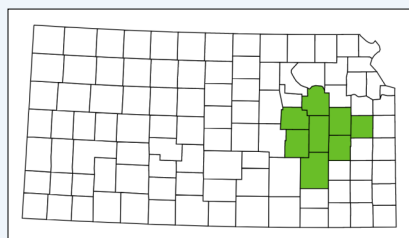


Adult Obesity - 2015

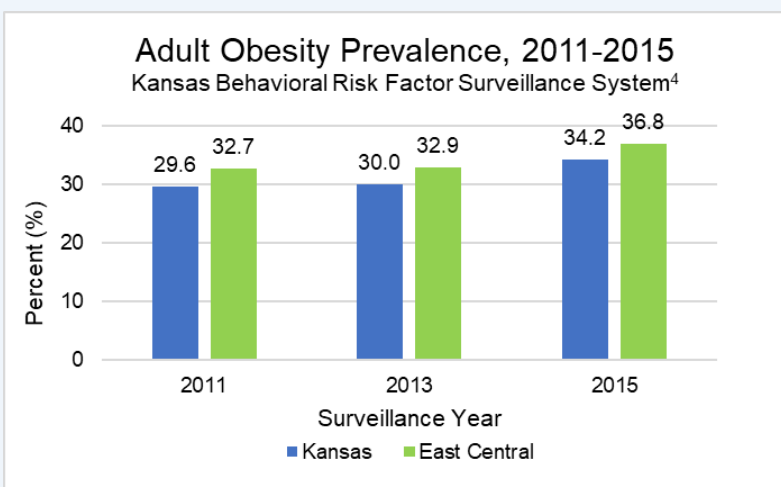
Public Health Preparedness Region: East Central Kansas Public



Counties

Chase, Coffey,
Franklin, Greenwood,
Lyon, Morris, Osage

Over 1 in 3 adults ages 18 years and older in the East Central Kansas Public Health Coalition region were obese. The obesity prevalence for this region in 2015 (36.8%, 95% CI: 33.3% to 40.4%) is similar to Kansas (34.2%, 95% CI: 33.4% to 35.0%).⁴ No significant change was seen in obesity prevalence in



Overview

Table 1. Adult Obesity Among Population Sub-groups⁴

Region	Weighted %	95% CI
Kansas	34.2%	33.4% - 35.0%
East Central Kansas Public Health Coalition	36.8%	33.3% - 40.4%

Disability Status Group		
Living with a Disability	49.9%	42.6% - 57.2%
Living without a Disability	32.6%	28.5% - 36.7%

Leisure Time Physical Activity Group		
Participates in leisure time physical activity	32.9%	28.7% - 37.2%
Does not participate in leisure time physical activity	45.7%	38.2% - 53.1%

Significantly higher obesity was seen among: those living with a disability, compared to those living without a disability and those who do not participate in leisure time physical activity, compared to those who participate in leisure time physical activity. There were no significant differences in prevalence of obesity among other demographic groups.⁴

Notes: Numerator: Respondents with a BMI greater than or equal to 30, based on self-reported height and weight. Denominator: All respondents, excluding unknowns and refusals. Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to the Technical

For more information, contact: Kansas Department of Health and Environment. Bureau of Health Promotion. 1000 SW Jackson,

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